

## Point and Penpoll Regatta – Saturday 12<sup>th</sup> July 2025 - SAILING INSTRUCTIONS

HW 19:19    Height 5m

### 1. ORGANISING AUTHORITY

- a. The organising authority is Restronguet Sailing Club.

### 2. RULES

- a. The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2025-28.
- b. The RYA Prescriptions will apply.
- c. RRS 26 will not apply, see 4 and 8 below. Should a general recall of any of the races 1 – 4 be required, the recalled classes shall start at 17:00. A general recall of any other recalled races shall lead to those races re-starting at 17:35.
- d. Class Rules for the applicable classes will apply.
- e. The Race Committee may use VHF channel M2 to communicate with competitors.

### 3. NOTICES TO COMPETITORS and change to sailing instructions will be posted on Point Quay by 16:00 of the day of the race. A declared identifying feature must be recorded on each boat's entry form.

### 4. HANDICAP Portsmouth Yardstick and the Limited Data List, see <https://tinyurl.com/rya-limited-data-list-2025> . Any 'one of a kind' boat must contact the Race Officer 2 days before the regatta to determine handicap.

### 5. SCHEDULE OF RACES – Warning Signal for the first class will be at 17:20.

Race No.	Class	Start Time	Course	Course Colour
1	Pico (Point/Penpoll & Archer Trophy) 2 Handed and Single Handed Mirror / IO Class (Vage Trophy)	17:30	2 rounds	Green
	Optimist	17:30	1 round	Green
2	ILCA/Laser Class (Warrac Trophy)	17.35	3 rounds	Green
3	Handicap Dinghies & St. Mawes One Design (Penpoll & Firefly Trophy)	17:40	3 rounds	Green
4	Shrimpers (Reg Mitchell Trophy)	17:50	3 rounds	Yellow
5	Asymmetric Dinghies and Foilers (John Ellicott Trophy)	17:55	3 rounds	Green
6	Handicap Yachts (Kingsley Cruise Trophy)	18:00	3 rounds	Yellow

7	Sunbeam Class (Adshead Trophy) Gaffers (Charlie Trebilcock Trophy) Ajax (Yacht Care Co Cup) Rustler / Pipers	18:05	3 rounds	Yellow
8	Working Boats 25ft & over (Gill Trophy)	18:10	3 rounds	Yellow
9	Working boats under 25ft (Sir Roland Smith Trophy)	18:15	3 rounds	Yellow

1 round

Start, Mark 1, Mark 2, finish

2 rounds

Start, Mark 1, Mark 2, Mark 3, Mark 1, Mark 2, Finish

3 rounds

Start, Mark 1, Mark 2, Mark 3, Mark 1, Mark 2, Mark 3, Mark 1, Mark 2, Finish

5. **COURSES** – Boats will sail on one of the courses detailed below (to be read in conjunction with course diagram in the race programme).

- a. **Course Green** – Start Line, No.1 Mark (green) PORT No.2 Mark (green) PORT through the finish line, No.3 Mark (green) PORT 3 complete rounds (except Race 1 – two complete rounds, optimists 1 round) plus No.1 Mark (green) PORT, No.2. Mark (green) PORT Finish.
- b. **Course Yellow** – Start Line, No.1 Mark (yellow) PORT, No.2 Mark (yellow) PORT through the finish line, No. 3 Mark (yellow) PORT. 3 complete rounds (except Race 1 – two complete rounds) plus No.1 Mark (yellow) PORT, No.2 Mark (yellow) PORT, Finish.
- c. Shorten course signals will be displayed on Point Quay if necessary.

6. **SHALLOW WATER** – Red flags in Restronguet Creek denote shallow water.

7. **START LINE** - is defined as a line between two poles and is an extension of the white transit poles on Point Quay ( triangle in front). At the start Point Quay is left to PORT.

NOTE:

Starting Triangle. A triangle formed by the start line and Mark 3 Yellow.

Only boats within the 5 minute warning of their start allowed to enter this starting area. This is to give the RO time to note all the boats for that class. This triangle to remain in force until the last race of the day has started.

8. **STARTING SIGNALS** will be by a sound signal and boards/flags. The Warning will be signaled by International Code flag R and a sound signal 10 minutes before the start of Race No 1 and then remain flying until the start signal of Race No 10. A sound signal and international code flag P will be hoisted at the five minute sound signal and dipped at the start sound signal of each class.
9. **FINISH LINE** – is defined as a line from the shore side pole with a marker ring on the base and the Quay. All competitors must go through the Finish Line on each lap.

- 10. RECALL** – if a boat is over the start line at the start a second sound signal will be made and international code flag X displayed. If a boat fails to return and re-start correctly within 4 minutes of its start signal, it will be disqualified. The PA system may be used to inform the boat that it is over the line. If there are too many boats over the line at the starting signal a general recall may be implemented. This will be signaled by a further 2 sound signals (three in all) and an international code 'First Substitute' flag displayed. The race will be re-started at 17:45 (for classes 1 - 3) or 18:20 (for classes 4-9).
- 11. TIME LIMIT** – no boat will be timed in after 19.50.
- 12. PENALTY SYSTEM.** Rules 44.1 and 44.2 are changed to require only 1 turn, including one tack and one gybe (360°).
- 13. PROTESTS** – Notice of Protest must be given to the Race Officer within 15 minutes of the finish of the last race of the day and completed protest form delivered to the Race Officer within forty-five minutes thereafter. Protest forms are available from Point Quay.
- 14. LIFEJACKETS and BUOYANCY AIDS** – All competitors must wear lifejackets or buoyancy aids at all times while afloat.
- 15. RETIRING BOATS** – Any boat retiring from the race must inform the Race Officer or a safety boat before they leave the race area.
- 16. PRIZES** – will be awarded by the Regatta Committee to the first three in each Class. Prizes for Working Boats will be 1<sup>st</sup> - £25, 2<sup>nd</sup> - £20, 3<sup>rd</sup> - £15. All prizes and trophies (where appropriate) are to be collected from Point Quay or within 7 days from Sarah Fairbairn. Tel 0743 2322 515.
- 17. DECISION TO RACE** – the responsibility for a boat to participate in a race or to continue racing is hers alone. Boats participating in the regatta do so entirely at their own risk – see Notice of Race.
- 18. NOTICE OF RACE & ENTRY FORMS** – are available from the PoFSA website, pofsa.co.uk; from Restronguet Sailing Club website, from entry boats on the water; or from the Race Office on Point Quay.
- 19. WHATSAPP GROUP** – Updates on the day of the regatta will be sent via a WhatsApp group. To join the WhatsApp group scan the QR code using your phone camera:

