

Point and Penpoll Regatta – Saturday 3rd June 2023 - SAILING INSTRUCTIONS

HW 17.34. Height 4.9

1. ORGANISING AUTHORITY

- a. The organising authority is Restronguet Sailing Club.

2. RULES

- a. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2021-24*
- b. The RYA Prescriptions will apply.
- c. RRS 26 will not apply, see 4 and 8 below. Should a general recall of any of the races 1 to 4 be required, the recalled classes shall start at 16.05. A general recall of any other recalled races shall lead to those races re-starting at 16.40.
- d. Class Rules for the applicable classes will apply.
- e. The Race Committee may use VHF channel M2 to communicate with competitors.

3. **NOTICES TO COMPETITORS** and change to sailing instructions will be posted on Point Quay by 14.15 of the day of the race.

4. **SCHEDULE OF RACES** – Warning Signal for the first class will be at 15.35

Race No.	Class	Start Time	Course Colour	Course
1	Pico (Point/Penpoll & Archer Trophy) 2 Handed and Single Handed Mirror Class (Vage Trophy)	15.45	Green	2 rounds
2	Laser Class (Warrac Trophy)	15.50	Green	3 rounds
3	St Mawes One Design (Allen Trophy)	15.55	Green	3 rounds
4	Handicap Dinghies (Penpoll Trophy)	16.00	Green	3 rounds
5	Shrimpers (Reg Mitchell Trophy)	16.10	Black	3 rounds
6	Asymmetric Dinghies (John Ellicott Trophy)	16.15	Green	3 rounds
7.	Handicap Yachts (Kingsley Cruise Trophy)	16.20	Black	3 rounds
8	Sunbeam Class (Adshead Trophy) Gaffers (Charlie Trebilcock Trophy) Ajax (Yacht Care Co Cup) Rustler/Pipers	16.25	Black	3 rounds

9	Working Boats 25ft & over (Gill Trophy)	16.30	Black	3 rounds
10	Working boats under 25ft (Sir Roland Smith Trophy)	16.35	Black	3 rounds

5. **COURSES** – Boats will sail on one of the courses detailed below (to be read in conjunction with course diagram in the race programme).
 - a. **Course Green** – Start Line, No.1 Mark (green) PORT No.2 Mark (green) PORT through the finish line, No.3 Mark (green) PORT 3 complete rounds (except Race 1 - two complete rounds) plus No.1 Mark (green) PORT , No.2 Mark (green) PORT Finish.
 - b. **Course Black** – Start Line, No.1 Mark (black) PORT No. 2 (black) PORT through the finish line No.3 Mark (black) PORT. 3 complete rounds (except Race !1-two complete rounds) plus No 1 Mark (black) PORT No 2 Mark (black) PORT Finish.
 - c. Shorten course signals will be displayed on Point Quay if necessary.
6. **SHALLOW WATER** – Red flags in Restronguet Creek denote shallow water.
7. **START LINE** - is defined as a line between a floating white marker buoy and a white outer distance mark and is an extension of the white transit poles on Point Quay – triangle in front. At the Start, Point Quay is left to PORT

New for 2023

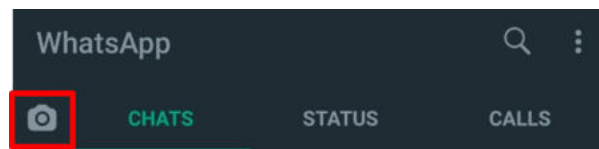
Starting Triangle. A triangle formed by the start line and Mark 3 Black.

Only boats within the 5 minute warning of their start allowed to enter this starting area. This is to give the RO time to note all boats for that class.

This triangle to remain in force until the last race of the day has started has started.
8. **STARTING SIGNALS** will be by a sound signal and boards/flags. The Warning will be signalled by International Code flag R and a sound signal 10 minutes before the start of Race No 1 and then remain flying until the start signal of Race No 10. A sound signal and international code flag P will be hoisted at the five minute sound signal and dipped at the start sound signal of each class.
9. **FINISH LINE** – is between the floating white marker buoy and the white transit pole on Point Quay, triangle in front. Point Quay is left to STARBOARD.
10. **RECALL** – if a boat is over the start line at the start a second sound signal will be made. If a boat fails to return and re-start correctly within 4 minutes of its start signal, it will be disqualified. The PA system may be used to inform the boat that it is over the line.
11. **TIME LIMIT** – no boat will be timed in after 19.00pm.
12. **PENALTY SYSTEM.** Rules 44.1 and 44.2 are changed to require only 1 turn, including one tack and one gybe (360°).

13. **PROTESTS** – Notice of Protest must be given to the Race Officer within 15 minutes of the finish of the last race of the day and completed protest form delivered to the Race Officer within forty-five minutes thereafter. Protest forms are available from Point Quay.
14. **LIFEJACKETS and BUOYANCY AIDS** – All competitors must wear lifejackets or buoyancy aids at all times while afloat.
15. **RETIRING BOATS** – Any boat retiring from the race must inform the Race Officer or a safety boat before they leave the race area.
16. **PRIZES** – will be awarded by the Regatta Committee to the first three in each Class. Prizes for Working Boats will be 1st - £25, 2nd - £20, 3rd - £15. All prizes and trophies (where appropriate) are to be collected from Point Quay or within 7 days from Trevor Pooley, 'Bojewyan', Chycoose Farm, Point. Tel 01872 865803
17. **DECISION TO RACE** – the responsibility for a boat to participate in a race or to continue racing is hers alone. Boats participating in the regatta do so entirely at their own risk – see Notice of Race.
18. **NOTICE OF RACE & ENTRY FORMS** – are available from the PoFSA website, pofsa.co.uk; from Restronguet Sailing Club website, from entry boats on the water; or from the Race Office on Point Quay.
19. **WHATSAPP GROUP** - Updates on the day of the regatta will be sent via a WhatsApp group.
To join the WhatsApp group:

- a. Open WhatsApp on your phone and click on the camera icon on the top left:



- b. Hover the camera over the QR code below and you should see a pop up inviting you to join the group.

